



Des Moines Creek Trail Waterfront Connection

More than 150 citizens celebrated the opening on October 6th



After more than a decade of planning, the long awaited Des Moines Creek Trail Waterfront Connection officially opened to the public on October 6th. This new segment of the Trail creates a vital pedestrian and bicycle link between Des Moines Beach Park, Marina and downtown Marina District and completes the trail from Puget Sound to its current terminus at the Midway Sewer Treatment Plant, continuing on to South 200th Street in SeaTac. The trail winds through more than two linear

miles of heavily forested, salmon-bearing creek habitat and natural beauty.

Above, Mayor Bob Sheckler cuts the ribbon with Councilmembers Dan Sherman, Carmen Scott, Dave Kaplan and Melissa Musser on the right, and Senator Karen Keiser, Debra Entenman, Field Representative for Congressman Adam Smith, Sergio Cueva-Flores, King County Director for Senator Patty Murray, and Park and Recreation Director Patrice Thorell on the left, look on.

Funding for trail design and construction was made possible by the Federal Highways Administration sponsored by U.S. Senator Patty Murray, the Washington Department of Transportation sponsored by Senator Karen Keiser, the Washington Wildlife and Recreation Program, the Puget Sound Regional Council and the City of Des Moines.



As the cornerstone of the South King County's Lake to Sound Trail System, the trail will eventually connect to Lake Washington by linking to the Westside Trail in SeaTac, the Green River and Interurban Trails in Tukwila and the Two Rivers Trail in Renton.

With Des Moines Beach Park now on the National Register of Historic Places, and the commercial changes being explored at the Marina, we can expect more visitors will come to enjoy the Des Moines Marina District.

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DES MOINES DIRECTORY

City Hall
21630 11th Avenue South

206-878-4595

Business Hours: Monday – Friday
8am – 4:30pm
www.desmoineswa.gov

City Council

City Council meets 1st, 2nd and 4th
Thursdays at 7:30 p.m.
Bob Sheckler, Mayor
Dave Kaplan, Mayor Pro Tem
Melissa Musser
Matt Pina
Carmen Scott
Dan Sherman
Scott Thomasson

City Offices

City Attorney.....	206-870-6553
City Clerk.....	206-870-6519
City Manager.....	206-870-6541
Planning/Building.....	206-870-7576
Engineering.....	206-870-6522
Finance Director.....	206-870-6512
Marina.....	206-824-5700
Municipal Court.....	206-878-4597
Parks.....	206-870-6559
Police Department.....	206-878-3301
Public Works.....	206-870-6559
Recreation.....	206-870-6527
Senior Services.....	206-878-1642

Other Numbers

Emergency.....	911
Animal Control.....	206-870-6549
City Job Line.....	206-870-6593
Field House.....	206-870-6527
Fire (non-emergency).....	253-839-6234
Library, Des Moines.....	206-824-6066
Library, Woodmont.....	253-839-0121
Police (non-emergency).....	206-878-3301

Utilities and Services

Allied Waste.....	206-682-9735
Comcast.....	877-778-7008
Highline Water District.....	206-824-0375
Lakehaven Wtr/Sewer.....	253-941-1516
Midway Sewer District.....	206-824-4960
Puget Sound Energy.....	800-321-4123
Qwest.....	800-573-1311
SW Suburban Sewer.....	206-244-9575
Water District #54.....	206-878-7210

CALL BEFORE YOU DIG:

Utility Locates:..... 800-424-5555

Des Moines City Council



Bob Sheckler
Mayor



Dave Kaplan
Mayor Pro Tem



Melissa Musser
Councilmember



Matt Pina
Councilmember



Carmen Scott
Councilmember



Dan Sherman
Councilmember



Scott Thomasson
Councilmember

City Council Highlights

Held the following public hearings:

- 2011-2017 Transportation Improvement Plan (TIP)
- Ordinance Amending Downtown Commercial Chapter of Zoning Code
- Street Vacation of Public Right-of-Way on South 247th Street near 13th Place South

Approved the following:

- 2011-2017 Transportation Improvement Plan (TIP)
- Approved an ordinance Amending Downtown Commercial Chapter of Zoning Code
- Approved a contract with Water District #54 for the implementation of the Downtown Water System
- Held an open public forum on Des Moines' Economic Development Efforts
- Approved the Planned Unit Development entitled Waterview Crossing
- Supported Mayor Sheckler's trip to China to attend the first World Emerging Industries Summit 2010 in Changchun China
- Adopted the Marina District Design Guidelines for the Downtown Neighborhood and approved designation of the Downtown Neighborhood as the Marina District
- Approved increased contingency funding for Des Moines Creek Trail, Beach Park Mud Slide Repairs, Auditorium Rehabilitation Project, Field House Grandstand Restoration Project, Field House Park Ball Field Expansion, North Twin Bridge Seismic Retrofit and Safety Upgrades Improvement Project and the Marina's Water Main Replacement Project

- Approved the agreement between the City of Des Moines and the Highline School District for the City to provide a police officer to serve as a School Resource Officer
- HEAL Grant, an initiative of the Seattle and King County Communities Public Health Healthy Living Active Living program Putting Prevention to Work (CPPW) in collaboration with the Cities of Burien, SeaTac and Normandy Park and Highline School District, including a 20-month full-time Policy Analyst Position to support the project.
- Settlement Agreement between the City of Des Moines, the South Correctional Entity (SCORE), and the Port of Seattle in Regards to the Petition in Eminent Domain, No. 09-2-09463-2 KNT
- Approved a new Revenue Stabilization Fund to comply with new Finance and Auditing Rules
- Approved agreement with Department of Corrections, Narcotics Division, to provide canine training to a Commissioned Des Moines Police Officer
- Approved a Business License Amnesty agreement

Other Action Taken:

- Created a New Position of Temporary, Full-Time Economic Development Manager
- Approved the purchase of four new 2010 Ford Crown Victoria police vehicles



Daisy Sonju Community Garden

The Daisy Sonju Community Garden and Pea Patch will be breaking ground in early April! There will be about 20 plots to lease in 2011, plus a community herb garden to grow fresh produce for the Des Moines Area Food Bank. The garden will also host classes for people

of all ages, including great opportunities for kids! This is going to be a great project for the community!

History

In 1996, Daisy Sonju and her family donated a 9.3 acre parcel, formerly her family home, to the City of Des Moines. The City drew up a Master Plan to develop the property as a city park that included a community garden, but due to lack of funding was unable to move forward with the plan.

In 2009, interest began to build to clean up the overgrown orchard and create the community garden. Portions of the property had been cleared in the past, however no long-term plan was formed to maintain what was cleared. In 2010, with new volunteer leadership, the City, in partnership with Des Moines Legacy Foundation, Des Moines Parks and Recreation, Des Moines Rotary Club, and the Des Moines Area Food Bank, is again beginning to clear the orchard, evaluate the trees, and plan for a community garden and pea patch.

The Garden

Daisy's Garden will be a combined pea patch and community garden, with demonstration beds available to local elementary school groups, an herb garden, seating areas, and planting space for the Food Bank and Senior Services involvement. Groundbreaking will begin on April 1, with plots available for planting by the end of April. Sign up by March 31.

To volunteer, donate or sponsor, please contact Kim Richmond, Community Project Manager (Volunteer), at friendsofsonjupark@hotmail.com or call the City of Des Moines Parks, Recreation and Senior Services at 206-870-6547. More about the project and how to make a tax deductible contribution may also be found at www.desmoineswa.gov and www.desmoineslegacy.org.

Furney's Nursery is an active sponsor of the Community Garden and Pea Patch and will accept donations of new or gently used garden tools for use at the garden. Simply drop them off at the designated bin at Furney's Monday-Saturday, 9am-5pm or Sunday 10am-5pm.

Calendar of Upcoming Work Parties

January	17	Orchard work
February	12	Orchard work
March	19	Orchard work
April	2	Begin layout of garden (groundbreaking)
	9	Removal of turf, tilling plots
	16	Application of topsoil, compost
	23	Layout of plots and paths
	30	Most pea patch plots available for planting, spreading woodchips and gravel
May	28	10 am - Dedication ceremony

All dates 9 am to 3 pm unless otherwise noted.
Sunday dates in April as needed.



Save the Date for upcoming Special Events

February 12
Valentine's Day Sweetheart Social
Sponsored by Destination Des Moines

March-July
BIG CASH Raffle
Sponsored by Destination Des Moines

March 4-6
Poverty Bay Wine Festival
Sponsored Des Moines Rotary Club

April 23
Eggstravaganza
Sponsored by Des Moines Park & Recreation

March 27
USO Dance
Des Moines Senior Center

June 4
Farmers Market Opening Day
Pig Roast and Family Fun Sponsored by Destination Des Moines



Des Moines Minor Home Repair Program

Funding is now available for Minor Home Repairs *

Services are being offered to low/moderate income residents who have owned their home for at least one year.

(Some restrictions apply, please call for details)

Call the Code Enforcement Office at 206-870-6558

*Funded by King County Community Development Block Grant dollars

Three Planning Agency Members Needed

The City of Des Moines is currently recruiting for three new members of the Planning Agency. The Planning Agency is a 7-member board that advises the City Council on land use and zoning matters. Typically this involves review of certain new development proposals such as subdivisions and planned unit developments, but may also involve recommendations on zoning and environmental decisions and general planning policy documents like neighborhood or comprehensive plans.

The Agency is scheduled to meet on the first Monday of each month at 7:00 p.m. Meetings typically last for 1.5 hours. It is not unusual for the Planning Agency to meet less frequently based on the pending business activity each month. Interested individuals should be prepared to meet on average 6-8 times a year. Terms are four years.

Please contact Robert Ruth, Development Services Manager, at 206-870-6555 by January 14, 2011, if you are interested in serving your community as a Planning Agency Member.

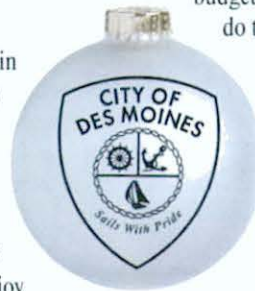
Holiday Lights at the Marina

The Marina staff has begun hanging new holiday lights on the marina docks. The new lights are state-of-the-art LED bulbs that use 90% less electricity than regular bulbs. Purchase of these lights was made possible by generous donations from the Des Moines Marina Tenants Association, members of Three Tree Point Yacht Club and Sumner McClendon Hardware. The lights will be on all of the covered floats beginning with "E" dock through "N" Dock and will be turned on the weekend after Thanksgiving.

Bringing Christmas to Des Moines

When you think of holiday shopping, do you think of our many local merchants and how you can use this opportunity to support our Des Moines community? When our small business owners prosper, the result is thriving commercial areas that boost property values AND our town spirit.

So celebrate the Holiday Season in Des Moines this year by finding ways to support our merchants through your gift giving. What family member wouldn't appreciate a gift card to one of our terrific seafood restaurants? Ladies in the family will enjoy



the great salon services, such as manicures, pedicures, and massages. Our local yarn shop, quilt shop or book store (with collector comics) may be a perfect match for various enthusiasts on your list.

"Dad" can be a challenge to shop for, but he would probably love the smoked salmon at the gourmet meat market, or a bottle of wine from our own local wine cellar. Espresso gift cards are another great 'one-size-fits-all' suggestion. Our local home builder now offers "Honey Do List" home repair - there is sure to be someone you know who would be delighted to see a fix-it list magically disappear.

For teens who like to hang out at a "hamburger emporium," a big juicy burger & fries (and a milkshake) are an awesome choice. For little ones, local drug stores are full of toys and stocking stuffers, along with an enormous selection of gifts for grown-ups. Our merchants will find something for every budget; hand them your list and let them do the rest!

Stay "home" for the holidays this year. When Des Moines' small businesses succeed, everyone wins!

City of Des Moines Business License Renewal

Business License renewal forms were mailed in November. Please note any changes on the renewal form and return with payment to City of Des Moines, 21630 11th Ave. S., Des Moines 98198, or credit card, cash and check payments can be made at City Hall Monday through Friday, 8:00 am to 4:30 pm. We regret that we cannot accept payments by phone or online. Licenses are valid January 1 to December 31. Current licenses expire December 31, 2010.

Fees for 2011 are:

In-City Commercial	\$75.00
Out-of-City Commercial	\$75.00
Home Occupation	\$30.00
Single Family Rental	\$30.00
Multi-Unit Rental	\$150.00
Mobile Itinerant Vendors and Stationary Itinerant Vendors	\$75.00
Solicitor Permit	\$75.00
(plus an additional \$15.00 for each individual beyond five per year)	

DMC 5.04.020 states it is unlawful for a person to conduct any business within the City without first having a license or license registration to do so, or continue conducting business after such license or license registration is revoked. Operating a business without a license is unlawful in the City of Des Moines and can subject the individual to fines of up to \$513.00 per day.

Des Moines Transportation Gateway Project Update

The Transportation Gateway Project moved a step closer to construction when the City Council approved the 2nd Addendum to the 1st Development Agreement with the Port of Seattle on September 30th. The Port Commission approved the Addendum on November 2nd.

The Council's action vacates 7.68 acres of dedicated streets and sells 3.75 acres of deeded streets to the Port and purchases 2.84 acres of right of way along 24th Avenue South and S. 216th for Gateway road construction. The City will receive \$2.24 million from the Port to complete the transaction.

The design for Gateway construction is 85% complete, and has completed Federal and SEPA environmental reviews. When the project advances into construction in about a year, these roadways will be transformed into "complete streets" with two additional travel lanes, turn lanes, bicycle lanes, curbs, gutters, sidewalks, planter strips and a pedestrian friendly streetscape that shines on this major gateway to the City.

Over the next year the City will finalize roadway design, underground utilities and drainage systems, right of way planning, appraisals and eventually additional right of way acquisition. Construction is subject to available funding and the City is continuing to pursue state and federal grants.

Frontage improvements and/or fees will be required as adjoining properties develop which is expected to offset a significant portion of the costs.

For more information or project update, call 206-870-6525 or visit www.desmoineswa.gov/tgp.

NEW Marina Website

Marina staff has recently completed the new Des Moines Marina Website. Katy Reynolds worked closely with "Infront", a web designing company based out of Denver. Infront is well known for their innovative and creative web sites. The new site is accessible through a link from the City's homepage or at www.desmoinesmarina.com. Our customers, tenants, and visitors to Des Moines will be able to easily access current fuel and moorage prices, view upcoming special events, reserve guest moorage, and find valuable links to local businesses.

Surface Water Management — Helping to Protect Puget Sound

Puget Sound Starts Here! Let's all do our part!



As we all know, summer is gone and the rain has returned. Rain is part of our lives in the Pacific Northwest. Stormwater runoff is rain or snowmelt that flows from pavement areas, rooftops, and lawns into the nearest stream, creek, catch basin, or directly to Puget Sound - mostly without any treatment. Stormwater runoff poses a high risk to Puget Sound because it can transport everything in its way such as petroleum products, pesticides, animal waste, and construction runoff.

The City of Des Moines has joined with Puget Sound Starts Here to keep pollutants out of our water ways. Everyone can be environmental friendly by adopting these simple habits into their daily life:

- Use moderate fertilizer on your lawn.
- Make sure all garbage is placed into containers and protected from rainfall.
- Scoop up after your pet.
- Recycle your yard waste and do not dump yard debris or grass clippings near streams.
- Report to the Public Works Dept. any water discoloration or water sheen.

For more information or to report illegal discharge, please call Ruth Famurewa at 206-870-6869; after hours call the hot line 206-550-5612.

Des Moines Arts Commission Vacancy

The Des Moines City Council is accepting applications for candidates wishing to serve on the Des Moines Arts Commission. Arts Commissioners serve three year terms and are appointed by the Mayor with City Council confirmation. The Commission meets on the 2nd Wednesday day of the month from 4:00 p.m. to 5:30 p.m. at the Des Moines Activity Center. For information regarding Arts Commission programs please go to www.desmoineswa.gov/artscommission or contact Patrice Thorell, Des Moines Parks, Recreation and Senior Services Department at 206-870-6527.

Applications will be accepted until filled. Interested persons should contact the City Clerk's office for an application form, 21630 11th Avenue South #A, Des Moines, WA 98198, or go to: www.desmoineswa.gov/dept/city_clerk/pdf/ClerkAppointiveApp.pdf.

Waterland Arts Music Series

Sponsored by Des Moines Arts Commission and Highline Community College Music Department

Two Great Shows

Tuesday, Feb. 22

Greta Matassa
Seattle Jazz vocalist/pianist

Four times the readers of Earshot, the Seattle jazz magazine, have voted her the best jazz vocalist in the Pacific Northwest



Tickets:
\$15/adult per show
\$5/students (elementary-college)

Advance tickets available at:
Des Moines Field House,
1000 S. 220th St. or
Des Moines Florist,
721 S. 219th St.

Tickets also available at the door the day of the performance
For more information contact:
Des Moines Parks and Recreation
office at 206-870-6527



Tuesday, April 19

Brothers from Different Mothers
Comedy Juggling Duo

They boast two Guinness World Records and appearances on Fox Sports, America's Got Talent, and Chinese national TV

Time:
7:30 pm

Location:
Highline Community College
Artist-Lecture Center, Building 7
2400 S. 240th St.



SCORE Correctional Facility

The South Correctional Entity Multijurisdictional Misdemeanor Jail, known as SCORE, is moving along at a fast pace and is approximately 45% complete. The landscaping surrounding the facility is in place. The curb, gutter and pavement work is about 80% complete. The roof structure work is complete and the roofing material installation will be completed in December. The interior construction and installation of housing units is well underway. The electrical system in this building

is extremely complex due to the nature of the occupancy and the high level of automation that is needed. Since the City provides electrical inspections, knowledge of the entire system is needed.

The SCORE website, www.scorejail.org, has updated information and pictures of the construction. The SCORE project is scheduled for completion by September of 2011.



Des Moines Marina Crew Loves Their Chili

The Des Moines Marina crew (the “Buoy Boys”) was one of 13 groups, who participated in the annual Farmer’s Market chili cook-off in October. Although they did not place, their red hot chili featuring secret ingredients of elk and bison received good reviews from the public and took the chill off a cold and rainy day. All proceeds went to the Farmer’s Market and Des Moines Food bank.



The Buoy Boys and Girls are: left to right — Bonnie Holmboe, Scott Wilkins (brought to his knees by the hot chili), Joe Dusenbury, Joe Jewell, Katy Reynolds, Charlie Martin and Jonathan Elfstrom.

STREET LIGHT OUT?

You can report it directly to Puget Sound Energy on their website: www.intolight.com



then click on “Lights Out?” at the top. A fill-in menu pops up for necessary information, i.e., location, the 12-digit grid or 6-character tag number located on the pole number – all of which are helpful to PSE to speed up the service, which they say should be within three days. If you do not have electronic capability, you can contact them at 1-877-229-1235 toll free.

Lower Des Moines Creek Channel Improvements – Completion Delayed Due to Weather

Due to poor weather conditions during September, the creek work within Des Moines Beach Park has been suspended until next July. The City’s contractor, KC Equipment, was making excellent progress dredging nearly 1500 yards of material from the creek, reshaping the side tributary behind the Sun Home Lodge and was in the process of excavating the foundation for the new floodwall, when two large storms overcame the bypass system that was set up to divert flows around the work area. The work crews were not able to reconstruct the bypass system and dewater the site and still meet the Department of Fish and Wildlife/US Army Corps of Engineers’ deadline of October 1st for completing the project. Remaining work items include constructing the floodwall and earthen berm downstream of the vehicular bridge to the Founder’s Lodge, complete shaping of the channel downstream of the vehicular bridge, constructing a sediment trap that will be used to collect future gravel deposits and completion of streamside habitat and wetland restoration. Work will resume on July 1 and is anticipated to be completed mid-August 2011.

Des Moines Crime Rate Drops 13%

**Part I Crime Rate Totals Reduced by Over
13% from 2008 to 2009**

The City of Des Moines is pleased to announce a dramatic drop in crime for the year 2009, the reflection of an intensive strategic effort to counter criminal activity that began with voter's approval of a levy lid lift in May 2006. The reduction stands in direct contrast to a rise in the Part I Crime Rate totals for all of King County.

Statewide and nationally, a vast majority of law enforcement agencies report the number of specific crimes to the FBI as part of a national program known as the "Uniform Crime Report" publication. The Crime Index is composed of eight specific criminal offenses. These crimes are chosen to serve as indicators of our nation's crime experience because of their seriousness, frequency of occurrence, and the likelihood of reports being made.

The number of reports submitted by the Des Moines Police Department for the one year period from 2008 to 2009 reflects an overall reduction of just over 13.7 percent in the Part I Crimes Index.

Per the Crime Index, the violent crimes of homicide, aggravated assault, forcible rape, and robbery were down 2.6 percent. Property crime totals, measuring arson, burglary, larceny-theft, and motor-vehicle theft were down 14.9 percent. The report shows percentages for these same crimes over the same time period are up an average of 5.9 percent for all of King County.

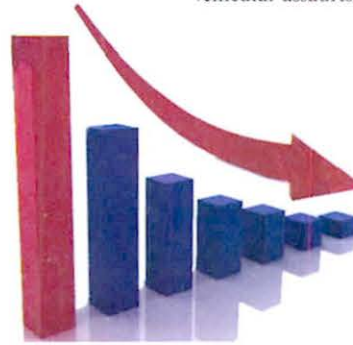
Motor-vehicle theft shows the greatest reduction of 23%, with a reported total of 161 which is down from the previous year of 209. Burglaries also showed a noticeable decrease, down about 10% from 255 to 229. Rape showed a 28.6% increase; 18 were reported in 2009, an increase from 14 reported the previous year. Arson showed the greatest percentage increase, having doubled from 4 to 8.

So far in 2010, the overall improvement appears to be sustained, with a mixture of increases and decreases in various categories.

January to September of 2010 Part I Crime Rate totals, when compared to 2009 totals for the same months, show a violent crimes reduction of 16%. The same comparison shows property crimes up 5%. The combined Part I Crime Rate totals are currently reflecting an increase of 3%.

Crimes are classified into two parts - Part 1 crimes are measured nationally and statewide

and are often used as a significant indicator. However, many of the reports and crimes dealt with on a daily basis by the Des Moines Police department (any police department) are not reflected in this statistic (Part I Crime Totals). Common crimes not measured include identity theft and other crimes of fraud, common property crimes, violation of court orders such as domestic violence protection and no contact orders, DUI's, traffic collisions, vehicular assaults and vehicular homicide.



Marina District Planning Update

In August 2010, the Marina District Stakeholder Group was formed to provide input and ideas about how best to revitalize the Marina District. The Stakeholders represent each of Des Moines' nine neighborhoods, residents, property owners, businesses, Arts Commission, Planning Agency, community organizations, and public agencies. To date, the Stakeholder Group has met three times and plans to meet again in early 2011.

General observations ranged from defining needs to suggesting solutions. Establishing gateways and incorporating artwork into the Marina District were seen as "quick wins" that were easy to implement and demonstrated that the City cares about its image and has a vision for its future. The view potential was identified as an asset and it was suggested zoning standards need to allow taller buildings where views are not compromised. Green space, trees and landscaping were also deemed important elements that contributed to the sustainability and attractiveness of the area.

Ideas from the Stakeholder Group are being illustrated using Google SketchUp modeling software. This work will be refined through a developer/property owner forum, community meetings, and discussions with the Planning Agency and City Council. For more information contact Denise Lathrop, Planning Manager at: dlathrop@desmoineswa.gov.



Snow and Ice Event Priorities and Operations

During snow and ice events, the City's maintenance crews are out very early in the morning or late at night to provide the safest possible driving conditions for its citizens, the commuting public, and emergency vehicles that use our City's rights-of-way.

Potential Locations for Roadway Closures

Public Works crews respond on notice to snow and ice concerns in case of heavy snow fall or black ice conditions. Crewmembers may close steep hills and streets that have a history of icy conditions. The following is a list of streets that may be closed:

- 4th Ave. South--S. 210th to S. 216th
- S. 206th St--9th Ave. S. to DMMD
- S. 208th St--9th Ave. S. to DMMD
- S. 212th St--7th Pl. S. to DMMD
- S. 224th St.--30th Ave. S. to Pac Hwy S.
- S. 234th St.--25th Ave. S. to KDM Rd.
- S. 240th St.-24th Ave. S. to 16th Ave. S.
- S. 250th St.-20th Ave. S. to 16th Ave. S.
- 10th Ave. S.--S. 226th St. to KDM Rd.
- S. 230th St.--12th Ave. S. to KDM Rd.

Snow Plowing & Sanding

The first priority for anti-icing, plowing, and sanding applications is for life-line and emergency response route. After these primary roadways are cleared, other arterial roadways, and eventually residential streets can be addressed. The amount of snow or ice is the deciding factor in how soon residential areas are serviced. Depending on weather conditions, sometimes main arterials require repeated plowing or sanding which delays the lesser priority areas.

Following is a priority list for anti-icing, sanding, and plowing:

PRIORITY A

- A.1 Pacific Hwy S.: S. 216th St. to Kent-Des Moines Rd.
- A.2 Kent Des Moines Road.: Pacific Hwy S. to MVD
- A.3 MVD: Kent Des Moines Rd. to Des Moines Memorial Drive
- A.4 S. 216th St.: MVD to I-5 (City Limits)
- A.5 Des Memorial Drive: MVD to S. 208th St. (City Limits)
- A.6 16th Ave. S.: KDM to Pacific Hwy. S.
- A.7 S. 272 St.: Pacific Hwy. S. to 12th Ave. S./Marine View Drive
- A.8 Marine View Drive: S. 272nd St. to Redondo Beach Dr.
- A.9 Redondo Beach Drive: Redondo Way to Federal Way City Limits
- A.10 Redondo Way: Redondo Beach Drive to Federal Way City Limits
- A.11 S. 260th St.: 16th Ave. S. to Pacific Hwy. S.
- A.12 Woodmont Dr.: 16th Ave. S. to MVD
- A.13 MVD: Woodmont Dr. to Kent-Des Moines Rd.
- A.14 S. 240th St.: MVD to Pacific Hwy. S.
- A.15 Fire Station Driveways

PRIORITY B

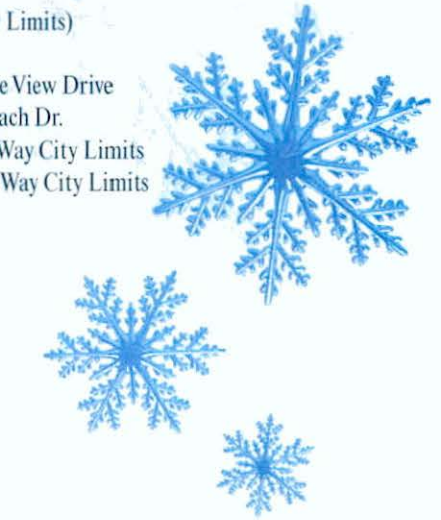
- B.1 S. 227th St.: MVD to Marina
- B.2 7th Ave. S.: S. 227th St. to MVD
- B.3 S. 223rd St.: 7th Ave. S. to 24th Ave. S.
- B.4 24th Ave. S.: KDM to S. 216th St.
- B.5 S. 200th & S. 199th St.: DMMD to 1st Ave. S.
- B.6 8th Ave. S.: S. 200th St. to S. 192nd St.
- B.7 S. 208th St.: DMMD to 1st Ave. S.
- B.8 4th Ave. S.: S. 199th St. to S. 216th St.
- B.9 11th Ave. S.: S. 216th St. to S. 220th St.
- B.10 S. 220th St.: 9th Ave. S. to 19th Ave. S.
- B.11 16th Ave. S.: S.220th St. to KDM

PRIORITY C

- C.1 S. 222nd St.: 6th Ave. S. to 223rd St.
- C.3 S. 219th St.: 7th Ave. S. to 11th Ave. S.
- C.4 19th Ave. S.: S. 220th St. to S. 229th St.
- C.5 8th Ave. S.: S. 208th St. to S. 200th St.

PRIORITY D

- D.1 Utility District Driveway – upon request
- D.2 Residential Streets



Other Services

The Department also provides sandbags to the City's citizens at \$2.00 per bag for the individual's use for traction or extra vehicle weight. Available at the Public Works Service Center at 2255 S. 223rd.

Current Equipment Resources:

- Three slow plow trucks with sand spreaders
- Two 4x4 pick-up trucks with plows and sanders
- One road grader
- One front-end Loader
- Two backhoes



DES MOINES LEGACY FOUNDATION

THANKS



Des Moines Legacy Foundation gratefully acknowledges our sponsors & participants. Their generosity has contributed to the success of Bootlegger's Brunch 2010.

We raised \$8,200 for youth recreation scholarships and \$21,000 for Des Moines senior programs and services.

206-878-1642 / www.desmoineslegacy.org



PROHIBITION- \$1,500

- Budd Gould & Anthony's Restaurants
 - Snure Law Office, PSC
- GIN JOINT- \$1,000**
- Edward Jones-Doug Myers
 - Anonymous
 - Judson Park Retirement Community



LUCKY LUCIANO- \$500

- Des Moines Drug & Hallmark
- El Dorado West
- Hunting, Fisher, and Co. P.S., C.P.A.'s
- Landmark Outreach Services
- Mary Jo & Don Rulffes
- Carmen Scott
- Wesley Homes- Des Moines, LLC



2011 Board of Directors

President	Clark Snure
Vice President	Gene Achziger
Treasurer	Hallie Marks
Secretary	Patrice Thorell
Kathy Arnold	
Gene Achziger	
Wayne Corey	
Michelle Fawcett	
Keith Noess	
Georgie Nupen	
Sue Padden	
Kim Richmond	
Carmen Scott	
Laura Rex Straight	

2011 Calendars are available at City Hall, Senior Center, Field house and Des Moines Drug for \$5.00



Des Moines Legacy Foundation Note Cards

Available at the Des Moines Drug & Hallmark.

- featuring Carmen Scott's photos of Northwest and Des Moines locations and events.
- available individually or in packets of six. COST \$2 per card

Contact Information:

Phone: 206.870.6527

Mail: P.O. Box 13582, Des Moines, WA 98198

Email:

Spadden@desmoineswa.gov

Web Page:

www.desmoineslegacy.org

SPORTS NIGHT 2011

Saturday, May 14 • 6-11pm
Des Moines Fieldhouse

Casino Games • Auctions • Prizes • Buffet • Beer & Wine

\$50 per person • \$375 per table

PUT IT ON THE LINE



SPONSORED BY:

Des Moines Legacy, Rotary Club of Des Moines and Des Moines Pool Metropolitan Park District

Proceeds benefit youth recreation activities



jump in!



MOUNT RAINIER POOL

Winter/Spring 2010-2011

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30 - 7:30 am	Available for rentals	Lap Swim		Lap Swim		Lap Swim	MR and Tye HS/ King swim teams
7:30 - 8:30 am		Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	Pool Maintenance	
8:30 - 9:30 am		Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	Shallow Water Ex/Lap Swim	
11 am - 1 pm		Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	Lap/Family swims	
1 - 2:30 pm		Lessons	Lessons	Lessons	Lessons	Lessons	Lap Swim 12-1 pm
2:30 - 5:30 pm		MR and Tye HS/ King swim teams	MR and Tye HS/ King swim teams	MR and Tye HS/ King swim teams	MR and Tye HS/ King swim teams	MR and Tye HS/ King swim teams	Public Swim 1-2 pm
5:30 - 7 pm		Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Swim Lessons & King Aquatics	Family Swim 6 - 7 pm	S1 Public Swim (First Sat. monthly)
7 - 8 pm		Public Swim	Water Exercise	Public Swim	Water Exercise	Public Swim	Available for rental 2 (3) -10 pm
8 - 9 pm		Lap Swim/Exercise		Lap Swim/Exercise		Lap Swim	

For prices, please call the pool at: 206.824-4722 or visit us online at www.mountrainierpool.com



My Mother feared for my safety more than she feared the water...

My Mother never swam... but now **her granddaughter** swims like a fish

Children of parents who don't swim are significantly more likely to drown because they, too, never learn to swim. And each generation the problem compounds itself.

Contact your Mount Rainier Pool today to schedule lessons and help us break the cycle. Scholarships available for families in need.

CALL: 206.824.4722

SWIMMING SAVES LIVES. PASS IT ON...

Put on your dancin' shoes!
1940's USO Dance
Sunday, March 27, 2011
2 - 5pm

Des Moines Activity Center
2045 S 216th Des Moines WA

Advanced Tickets:
\$15/person

\$20 Admission at the door (if space available)

Period & military attire encouraged

Featuring:

Refreshments, great dance music,
contests & entertainment!



Proceeds support programs and services at
Des Moines Activity Center! Co-sponsor; Farrington Court

FARRINGTON COURT

A LEISURE CARE RETIREMENT COMMUNITY

It's Back!

Eggstravaganza

- a leisurely egg-hunt

Saturday, April 23, 2011

9-11am

Des Moines Beach Park

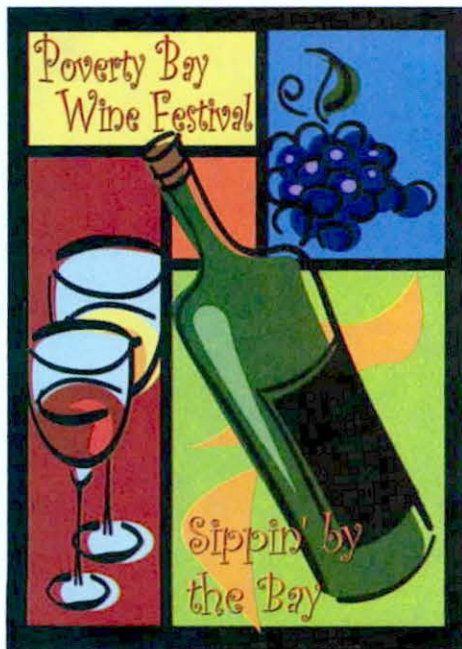
\$5

Prizes for every child!
Photo opportunities
with the Easter Bunny!

Children grade 6 & under
Children under age 5
need to be accompanied by an adult.



7th Annual Poverty Bay Wine Festival



The Landmark On The Sound
Event Center in Des Moines

March 4 -6, 2011

Friday, 5:00pm - 10:00pm

Saturday, noon-7pm

Sunday, noon-5pm

Advanced tickets: \$25 Tickets at the door: \$30

Featuring tastings from
22 Northwest wineries,
samplings of
Northwest cuisine, &
Jazz entertainment

Buy tickets at www.dmrotary.org
or Corky Cellars at 206.824.9462



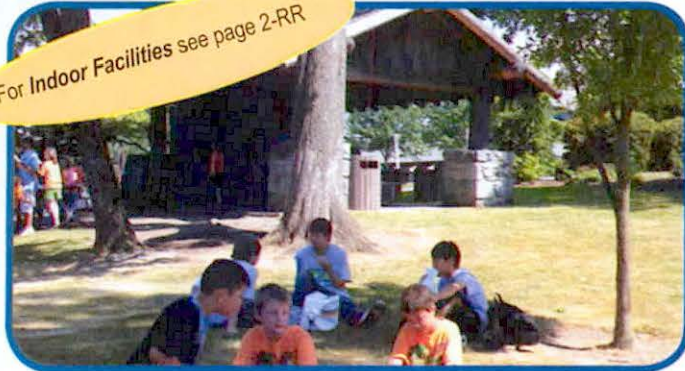
Facilities & Fields

Des Moines Outdoor Shelters are great for summer picnics and family gatherings!

Des Moines Field House Shelter
Midway Park Shelter
Wooton Park Gazebo

Our facilities are available at competitive rates!

For Indoor Facilities see page 2-RR



Field Rentals

The following fields are available for rent.
Des Moines Field House Park Fields
Steven J Underwood Memorial Park Fields
Zenith Park

For booking and additional inquiries visit or contact:

Des Moines Parks, Recreation & Sr. Services
1000 S. 220th Street, Des Moines, WA 98198
Phone: (206) 870-6527 Fax: (206) 870-6587
E-mail: recreation@desmoineswa.gov
Website: www.desmoineswa.gov/facility

A map and full listing of Des Moines Parks and Recreation Facilities can be obtained at the Administrative office or you can download a PDF file from the City's website: www.desmoineswa.gov/recreation.

Will You Help a Child Attend a Camp or Activity?

Your contribution gives local children and teens the opportunity and joy of attending Parks and Recreation programs! Youth and Teen programs are an essential part of a healthy community, building social skills, promoting active play and providing a safe haven for children before and after school.

Des Moines Parks and Recreation receives scholarship support from Des Moines Legacy Foundation and other local services organizations such as the Rotary Club of Des Moines.

However, the need for scholarships has increased dramatically surpassing funds available in 2010. Your gift will help a Des Moines child participate in 2011!

Check YES and send your tax deductible donation to:

Des Moines Legacy Foundation
Attention: Des Moines Parks & Recreation
Scholarships for Youth
PO Box 13582
Des Moines, WA 98198



12-RR

Special Events

Salish Sea Stories

Join us for the rich experiences people living by the Salish Sea have to share! Please contact Des Moines Activity Center staff, 206-878-1642 if you would like to share your stories. Advanced sign-up requested, please call!

Adults

\$5 Suggested Donation



The World of Travel Photography

Photographers & Authors Cliff & Nancy Hollenbeck, Normandy Park residents, specialize in creating photography and authoring books and promotional materials for leading airlines, cruise lines, countries, resorts and publishers including Alaska Airlines, Holland America Cruise Line and Microsoft. Together Cliff & Nancy have authored twenty-five books on travel, photography and business subjects, including the coffee-table books Mexico with foreword by James A. Michener, their best selling Hawaii and the recently released Southeast Alaska. Cliff has twice been named Travel Photographer of the Year, and participated in several Day In The Life books. Nancy has received a CLIO and CINDI for travel productions. Their film and video programs have won Gold Medals at the International New York and Chicago Film Festivals, and several TELLYs for travel and tourism commercials.

The program should last about an hour, followed by questions and discussion. Copies of Southeast Alaska, Images, their new book, will be available for purchase. Offered in-cooperation with Normandy Park Community Club Cove. 1500 SW Shorebrook Drive, Normandy Park, WA 98166.

Sunday, January 30

2:00-3:30pm

Cove Club House



Aviation History-

Part III: High Flights and Hard Landings

Imagine compressing 55 years of high flying into 2-hours! Join us for another segment of this Aviation series featuring the experiences of a retired Boeing test flight engineer and international airline operator. Facilitator: John McEvoy.

Adults

\$2 donation

T 9:30-11:30am

February 15

Activity Center

T 7-9pm

February 22

Activity Center

REGISTRATION INFORMATION

City of Des Moines Parks, Recreation and Senior Services Department Offices

Parks and Recreation Administrative Office

1000 South 220th Street, Des Moines WA 98198

206-870-6527

TDD Line: 206-824-6024

Fax: 206-870-6587

E-mail: recreation@desmoineswa.gov

Monday – Friday, 8am–4:30pm



Des Moines Activity Center Office – Senior Services

2045 S 216th Street, Des Moines WA 98198

PO Box 98576

206-878-1642

Fax 206-878-2260

E-mail: recreation@desmoineswa.gov

Hours: Monday – Friday, 8am–4pm

Holiday Closures

December 24, 31, January 17, February 21 and May 30

Resident Priority:

Effective January 1, 2010, the City of Des Moines implemented a Resident Discount Policy offering residents discounted fees for recreation programs. Non-residents and city residents who choose not to provide proof of residency will be assessed the full fee for programs.

The Resident Discount ("RD") Fee is available to residents living within the City of Des Moines' jurisdictional boundaries and Senior Adults. To qualify for the "RD" Fee participants must provide proof of residency such as: Valid picture ID with a Des Moines Address. Valid picture ID accompanied by a utility bill with their Des Moines Address. Sports Teams qualify for the "RD" Fee when 51% of their players are Des Moines residents (proof of Residency will be requested.) The full program fee will be charged to participants who are not Des Moines residents or choose not to provide proof of residency. Questions related to residency should be directed to 206-870-6527.

Walk-in: Check, Cash, Visa/MasterCard.

Phone: Visa/Mastercard.

Mail-in: Registration Form with check or Visa/MasterCard information.

Registration Policies:

Pre-registration is required for all programs unless otherwise stated.

Registration is taken on a first paid basis.

Returned check fee: \$40 (plus 50% surcharge if collection action needed).

Refund Policy/Cancellations:

When DMPR/SS cancels a program, a full refund or credit will be issued.

Participants may request to withdraw from a program under the following conditions.

A \$10 processing fee will be deducted from the refund.

No refund will be issued for:

Programs costing \$10 or less, Programs where admission fee was purchased in advance, Special Events. Medical illness or other extenuating circumstances will be handled on a case-by-case basis. Documentation of circumstance may be requested. Credits must be used within the current fiscal year.

Inclement Weather:

During periods of inclement weather radio stations will report school closures and changes. Please listen for the Highline School District report. (Note: For programs held in Federal Way schools, listen for the Federal Way School District report.)

School Closed: All Des Moines Recreation & Senior Services Department programs are cancelled.

School Open/1-hour Late Arrival:

Recreation programs will operate as scheduled.

Senior programs prior to 10:00AM are cancelled.

Senior programs held after 10:00AM – call 206-878-1642 for updated information.

School Open/2-hour Late Arrival:

All recreation and senior programs held prior to 11:00AM are cancelled.

Recreation programs held after 11:00AM will be scheduled as usual.

Senior programs held after 11:00AM – call 206-878-1642 for updated information.

When inclement weather occurs during school holidays, evenings or weekends, please call 206-870-6527 or 206-878-1642 (Senior Programs) for updated information.

Accommodation of Disabilities:

The City of Des Moines is committed to accommodating citizens with disabilities and special needs. Des Moines Parks, Recreation and Senior Services will make every reasonable effort to ensure that programs are accessible. If you need assistance participating in our programs, call 206-870-6527. TTY/TTD 206-824-6024.

Gender Equity Statement:

The City of Des Moines complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective July 26, 2009) that prohibits discrimination against any person on the basis of sex in the operation, conduct or administration of community athletics programs. Third parties, who contract with or receive leases or permits from the City of Des Moines for a community athletic program, are also prohibited from discriminating on the basis of sex. If you have questions or comments contact Patrice Thorell, Parks, Recreation and Senior Services Director.

Des Moines Parks and Recreation Registration Form

Mail to: City of Des Moines Park & Recreation Dept. 1000 S. 220th St., Des Moines, WA 98198

Adult/Guardian (if participant is a minor)

Participant's Name

Age Birthdate M/F Address

Home Phone

Work Phone

Emergency Phone

E-mail

()

()

()

Street address

City

State

Zip code

Class Title

Fee

\$

Fee

\$

I'll give kids a Chance, with my contribution to Youth Scholarships:

\$

TOTAL

\$

VISA/MC #

Name on Card

Exp. Date

City Of Des Moines Hold Harmless Agreement

I assume all risks and hazards of the conduct of the program. In case of injury, I waive all claims or legal actions, financial or otherwise, against the City of Des Moines, its organizers, sponsors, supervisors, employees, or any volunteers connected with the program unless injury is caused by the sole negligence of the City of Des Moines. I grant full permission to use photographs, videotapes, motion pictures, recordings or any other record of the program for any purposes. In absence of signature, payment of fees and/or participation in the program constitutes acceptance of these conditions.

Adult Participant or Parent/Guardian Signature

Date

Horticulture

Explore Northwest gardens and nurseries with our "growing" horticulture program and ease into fall with lectures!

\$8/van trips \$3/class lecture No Host Lunch

Fridays	Description
January 21	Petrified Wood and Fossil Plants – Lecture by Betty & Dick Lyons.
January 28	Making Garden Art with Joan Killingbeck-carpool to Des Moines residence.
February 11	Video Tour Lecture: Maritime Providences and Coast of Maine with Fall Colors.
February 25	Northwest Flower & Garden Show, Seattle-via carpool & Light Rail.
March 11	Burke Museum Tour, Seattle led by Betty & Dick Lyons
March 25	Olympic Sculpture Park & Spaghetti Factory, Seattle-carpool/waterfront taxi/bus.
April 15	Tulip Fields in La Conner
April 29	Lake Washington Technical College Horticulture Spring Sale, lunch @ City Grill.
May 13	Weyerhaeuser Rhododendron Garden-carpool
May 27	Chinese Garden and Tacoma Reconciliation Park, Tacoma Waterfront.



Seniors Making Art – Drawing Class

Learn to utilize five skills of perception in this lively drawing course that engages the full body, takes an upside-down approach to a topic and has you drawing what you see rather than what you *think* you see. Explore drawing in black and white using graphite, pencil, chalk and charcoal

during this 7-week course that "puts you in touch with your center." Materials provided. *No class 2/21. Instructor: Gail Baker.

M 10am-12pm January 31 – March 21*

Sponsored by Seniors Making Art – a nonprofit program founded by Dale Chihuly.

Memoir Writing

Learn to write the story of your life. Join others as you share your life in a supportive environment. Capture your life and the story of how you came to be who you are and where you are today. Instructor: Pat Tyllia

Seniors \$54
 Th 2-4pm Session 1 January 13 – March 17 Wesley Gardens
 Th 2-4pm Session 2 April 7-June 9 Wesley Gardens

Creative Writing

Do you have a story to tell? Interested in capturing your family's history? Take advantage of Pat Tyllia's writing experience and expertise while enjoying a supportive and encouraging environment to keep you going! Beginning and beyond writers are welcome. Instructor: Pat Tyllia

Seniors \$54
 Th 10am-12pm Session 1 January 13-March 17 Wesley Gardens
 Th 10am-12pm Session 2 April 7-June 9 Wesley Gardens

Better Hearing

Your sense of hearing is a vital link to your world. Hearing loss should not get in the way of enjoying your life. You can take control of the situation. Learn how you can enhance your hearing and improve your life. This better hearing seminar, presented by a hearing professional from Highline Audiology, will focus on the following topics:

- Calculate your investment in better hearing
- Old problems with hearing aids solved with new technology
- Staying connected

Presenters: Highline Audiology

Tu 12:30-1:15pm

January 18

Activity Center

Hearing screen appointments available, call 206-878-1642 to book.

Free

Connections to Services

AARP Tax Assistance Appointments.....	206-878-1642
Blood Pressure Checks	
Elderwatch	253-946-7338
Fall Prevention	
Foot Care -2011 features expanded hours!	
Legally Speaking Presentations	
Medical Lending Equipment	
Nutritious Lunches -Monday-Thursdays	
Pet Food Assistance	
Sea Mar Latino Activities	
Senior Services' Information & Assistance.....	206-448-3110
Senior Rights Assistance.....	206-448-5720
Senior Services' Shuttle Transportation.....	206-727-6262
Senior Services' Volunteer Transportation.....	206-448-5740
Senior Services' Meals on Wheels	206-448-5767

Join us for Fun & Games all week long!
 Call 206-878-1642 for details!

Join us on Sundays for live dance music
 with Randy Litch*
 Dancing Stimulates
 your mind,
 body and soul!

Des Moines Activity Center
 2045 S 276th, Des Moines WA 98198
 1:00—3:30pm \$5

January 23 ✦
 February 27**
 May 22 ✦
 June 26 ✦
 August 28 ✦
 September 25**
 October 23 ✦
 November 27**

** Bring refreshments if your last name begins with A-M
 ✦ Bring refreshments if your last name begins with N-Z
 * Evan and Charlie Brown

Belly Dancing

Enjoy a fun, effective, low impact exercise. Beginning and intermediate level classes consist of Middle Eastern and American Tribal dance steps for troupe and soloist, body movements, the use of cymbals and the veil. *No class 1/31 or 5/30. Instructor: Saroya Poirier, Babylonian Ensemble



Adults	Session 1-3 Fee: \$43R \$48NR; Session 4 Fee: \$38R/\$43NR
M Beginners 7:15-8:15	Session 1 January 3-February 14* Founders Lodge
M Intermediate 8:15-9:15pm	Session 1 January 3-February 14* Founders Lodge
M Beginners 7:15-8:15	Session 2 February 28-April 4 Founders Lodge
M Intermediate 8:15-9:15pm	Session 2 February 28-April 4 Founders Lodge
M Beginners 7:15-8:15	Session 3 April 11-May 16 Founders Lodge
M Intermediate 8:15-9:15pm	Session 3 April 11-May 16 Founders Lodge
M Beginners 7:15-8:15	Session 4 May 23-June 27 Founders Lodge
M Intermediate 8:15-9:15pm	Session 4 May 23-June 27 Founders Lodge

Tai Chi

Qigong style Tai Chi focuses on a basic circulation form using energy principles. Tai Chi improves balance and increases strength and control of muscles through gentle, slow movements, while also improving coordination of the upper and lower body. Instructor: Rhonda Allison.

Adults	Session Fee: \$48R/\$52NR
Th 5:30-6:30pm	Session 1 January 6-March 3 Activity Center
Th 5:30-6:30pm	Session 2 March 10-May 5 Activity Center

Energy Yoga

Yoga helps to release stress and re-direct energy to gain better health and sense of well being. With a series of sustained poses and gentle stretches, students will improve muscle strength, range of motion, balance and stability, especially the deep core muscles that stabilize the spine and increase flexibility. Instructor: Rhonda Allison.

Adults	Session Fee: \$48R/\$52NR
Th 7-8pm	Session 1 January 6-March 3 Activity Center
Th 7-8pm	Session 2 March 10-May 5 Activity Center

Tai Chi & Yoga Drop-in Fee: \$8 per class

Learn more about payment options: www.desmoineswa.gov/seniors

Senior Activities

Out to Lunch

Enjoy a no-host lunch and leave the driving to us. Advanced registration.

Age 50+	\$8 Transportation Fee
Friday, January 7	McGraths Fish House, Federal Way 11am-1:30pm
Friday, February 4	John Howie Steak House, Bellevue 10:30am-3pm
Friday, March 4	Salty's on Alki, Seattle 10:45am-2pm
Friday, April 1	Cliff House, Tacoma 10:45am-2pm
Friday, May 6	Woodman Steak House, Snoqualmie 10:30am-3pm

Golf Outings

Enjoy playing 9 holes at Puget Sound courses. Transportation is available on a first paid basis, or meet at the course. All players draw numbers to determine playing partners and tee position. Departure from DMAC varies from 8-8:30am. Return time varies. Advanced Registration Mandatory!

Monday	Course & City
April 4	North Shore, Federal Way
April 18	Jade Green, Auburn
May 2	Meadow Park, Lakewood
May 16	Lake Spanaway, Spanaway
May 31(Tu)	Twin Rivers, Fall City

Seniors

No host green fee and lunch

Fee Range: \$8-10

Day Trips

Explore Puget Sound with Des Moines Activity Center

Westlake Mall-Seattle		
Wednesday, January 12	9:30am-4pm	\$6
Snoqualmie Casino - Snoqualmie		
Wednesday, January 19	9am-4pm	\$6
Doll Museum - Bellevue		
Wednesday, January 26	9:45am-3pm	\$15
Fernwood at the Park Lunch & Tour, Normandy Park		
Friday, February 11	11:30am-2pm	Free
Seattle Weather Station at Sandpoint - Seattle		
Wednesday, February 16	9:15am-3pm	\$10
Tour of Seattle Ghost Tour - Seattle		
Wednesday, February 23	9:30am-1:30pm	\$25
Norman Rockwell Docent Tour @ Tacoma Art Museum		
Wednesday, March 9	9:30am-3pm	\$30
USS Turner Joy and Kitsap Historical Museum - Bremerton		
Wednesday, March 16	8am-4pm	\$25
Auburn Avenue Theatre/Gothard Sisters Performance		
Thursday, March 17	6-10pm	\$20
Gig Harbor Museum - Gig Harbor		
Wednesday, March 23	9am-4pm	\$20
Snoqualmie Valley Historical Museum & Northbend Senior Center- North Bend		
Wednesday, April 6	10am-4pm	\$15
Baxter Barn Farm - Fall City		
Wednesday, April 13	8am-3pm	\$15
Wild Horse Wind Farm - Ellensburg (no pacemakers)		
Wednesday, April 20	8am-5pm	\$20
5th Avenue Theatre's 9-5: The Musical		
Friday, April 22	8:30am-5pm	\$20
Hulda Klugar Lilac Gardens - Woodland		
Wednesday, April 27	8:30am-5pm	\$25
Historic Cle Elum - Cle Elum		
Wednesday, May 11	8:30am-5pm	\$20
Tree House Point - Fall City (Lunch at Tree House Point)		
Wednesday, May 25	8:30am-3pm	\$50
Whistlin Jack Lodge - Chinook Pass		
Wednesday, June 8	8:30am-4:30pm	\$18

Spring Fling Trip: San Diego & Palm Springs

March 7 - 12, 2011

Take in San Diego's Air & Space Museum, Zoo Tour via Skyfari Aerial Tram, USS Midway Museum, Old Town, Harbor Dinner Cruise. Explore Palm Springs's Wine Tastings, Street Fair, Living Desert Wildlife & Botanical Park, Palm Spring Follies, Air Museum

Base Fee: \$1800 ppdo, \$200 deposit due upon booking
Contact Lou Noess, Normandy Travel, Inc. 206-824-4682
% of proceeds benefit Des Moines Activity Center
Deadline early January!

Get breaking news via email! Sign-up for our REC 'n ROLL e-newsletter at recreation@desmoineswa.gov

Basics of Acting

Learn and practice the basic techniques of acting in a safe encouraging environment and gain more confidence in your communication and presentation skills. It is never too late to enjoy the freedom of expressing yourself and trying on characters and scenarios. Learn character development, back story work, scene study and discuss scenes from movies. Expect fun while developing amazing insights. Wear comfy clothes, bring a notebook and pencil and be prepared to work and play. *No class 2/22. Instructor: Lee Ryan

Age 18-108 \$203R/\$213NR
 Tu January 4-March 15* 6:30-9pm Activity Center

Acting for the Camera

Fine tune your acting skills for television commercials, corporate videos and film. Learn the meat 'n' potatoes of preparing for an audition, finding a good agent, the auditioning process, working around a film crew and understanding the differences of theatre and video/film acting. Wear comfy clothes, bring a notebook and pencil and be prepared to work and play. Pre-requisite: Basics of Acting or prior acting experience. Instructor: Lee Ryan

Age 18-108 \$203R/\$213NR
 Tu March 22-May 24 6:30-9pm Activity Center

Brain Agility

Worried about your noggin? Can't seem to remember words and names like you used to? Our brains need exercise as much as our bodies! Brain Agility, developed by Dr. Peter Moulton, features a personal workbook, brain aerobics and classroom discussion. Previous students say it really helps! Be ready for homework! Volunteer Facilitators.

Adults \$40/\$44NR
 Th 11am-12noon March 31-May 12 Activity Center

Fused Glass Workshop

Create your own decorative glass bowl! Learn the basics of art glass techniques including cutting, fusing and slumping with supplies and materials provided by the instructor. Note: Check out the fused glass bowls displayed at the Activity Center. Instructor: George C. Scott

Adults \$55/\$59NR
 W 1-4pm February 2 Instructor's Studio/Des Moines
 Sa 1-4pm March 5 Instructor's Studio/Des Moines
 W 1-4pm April 6 Instructor's Studio/Des Moines
 Sa 1-4pm April 9 Instructor's Studio/Des Moines

Sumi—E Painting Workshops

Sumi-E is a style of painting that is characteristically Asian – literally ink painting - that strives to distill the essence of an object in the fewest possible strokes. Preregistration required – 1 week before each workshop. Supply list available upon registration. Instructor: Darlene Dihel

Adults \$36R \$40NR
 T 10am-2pm January 25 Activity Center
 M 10am-2pm March 28 Activity Center

Gardening by the Bootstraps-

Using what you have to grow vegetables!

Perfect for beginning gardeners, new arrivals and green thumbs looking for alternate methods of gardening in the Des Moines area; you will learn about local soil and weather, starting seeds and composting and get connected with the new Community Garden slated to open May 2011.

Adults \$33R/\$38NR
 Thu 6:30-7pm February 10-March 17 Founder's Lodge

Adult Fitness

Zumba®

Ditch the workout – Join the Party! Working-out is healthy, rewarding and beneficial, but it's never been known to be exhilarating until now! Zumba® fuses hypnotic Latin rhythms and easy to follow moves to create a unique program that will blow you away and help you achieve long term benefits while experiencing an absolute blast in one hour of calorie-burning, body-energizing, awe-inspiring movements that engage and captivate for life! *No class 12/27 & 29/2010, 1/10/2011. Instructor: Shayla Lee, Zumba® Certified.

Adults \$63R \$69NR/10-class punchcard or \$10/Drop
 M/W 6-7pm Ongoing* Field House



Pilates – beginners & advanced

Start losing inches today! This mat-based discipline improves the look and feel of your body, and increases flexibility, stamina, strength and posture. Modifications can be made to support individual needs. Please bring a "sticky" mat to class. Instructor: Julie Conklin

Pilates Gold

Pilates based workout geared towards those 55 and older. Similar format to traditional Pilates, but modifications will fit every body and age. Participants must be able to work out on the floor. Instructor: Julie Conklin

Adults \$78R \$83NR/Month or \$10 Drop-in
 T/Th 9:30-10:30am Pilates Gold 24052 13th Pl, Des Moines
 T/Th 11am-12pm Pilates 24052 13th Pl, Des Moines
 T/Th 6-7pm Pilates 24052 13th Pl, Des Moines

Boot Camp Fitness

A high intensity/high impact, results-driven conditioning program taught in an indoor/outdoor environment. Workouts include: cardiovascular, speed and endurance, partner resistance and strength training. Instructor: Julie Conklin

Adults \$78R \$83NR/Month or \$10 Drop-in
 T/Th 4:30-5:30pm 24052 13th Pl, Des Moines

Enhance Fitness

Improve physical conditioning levels and decrease the risk of falling with stretching, low-impact aerobics, strength training and balance exercises. Gym-type shoes are required (no sandals) and a water bottle is recommended. Co-sponsors: Group Health & Senior Services. Instructor: Mary Brown

View Enhance Fitness @ <http://youtu.be/OH2VdXbusNg/>

Adults
 T/Th/F 8:00-9:00am or 9:30-10:30am Field House
 January 4 - 28 12 meetings \$30
 February 1 - 25 12 meetings \$30
 March 1 - 31 14 meetings \$34
 April 1-29 13 meetings \$32
 May 3-31 13 meetings \$32



Adult Enrichment



Dog Obedience

Love your dog, but all the chewing, jumping, barking and little "accidents" testing you? Dog Obedience should turn your little "terror" into a well-behaved pet. Proof of vaccination is required at first class. Instructor: Jan Magnuson, Animal Control Officer, Champion Trainer

<i>Dogs 4+ months</i>		\$78R \$85NR
Th 7:15-9:15pm	January 6-27	Field House
Th 7:15-9:15pm	February 3-24	Field House
Th 7:15-9:15pm	March 3-24	Field House
Th 7:15-9:15pm	May 5-26	Field House

Wenatchee Whitewater Rafting

The Sunny-side of the Cascades is a definite splash! Roller coaster action and generally sunny weather makes this snow-fed river a favorite for river-runners. You'll experience commanding scenery that includes apple orchards and tall bluffs. The whitewater maneuvering in "Boulder Bend, Rock & Roll, Drunkards Drop and Snow Blind" rapids will definitely capture your attention. Participants will paddle self-bailing paddle rafts with an experienced guide. A Neoprene wetsuit and all rafting equipment are included. Join us!

Trip Leader: Rod Admundson, Wild Water River Tours, INC.

<i>Age 10-Adult</i>		\$78R \$85NR
Sa 12pm-4:30pm	May 14	Location provided at registration
Su 12pm-4:30pm	June 5	Location provided at registration

Skagit Eagle Watch

View nature's splendor. Each winter up to 300 Bald Eagles gather at the Skagit Preserve. These magnificent endangered birds typically see only the occasional riverboat in their protected habitat, so sightings are frequent. With up to 7 feet of wingspan, the eagle is truly majestic. You'll float calmly and comfortably with other enthusiasts. Guides are experienced eagle watchers. All rafting equipment is included. Trip Leader: Rod Amundson, Wild Water River Tours, INC.

<i>Age 6+</i>		\$78R \$85NR
Su 11am-2:30pm	January 23	Location provided at registration
Sa 11am-2:30pm	January 29	Location provided at registration

American Boating Course

Learn the essential information to operate a boat: boat handling, seamanship, necessary equipment, boat trailering, and much more. This course exceeds educational requirements in all states and a test is given at the conclusion of the course to qualify you for a Washington State Boaters education certificate. Bring a sacklunch. Fee includes textbook interactive CD and all materials. Students are responsible for picking up supplies at Des Moines Field House. Instructors: Poverty Bay Power Squadron.

<i>Age 12-Adult</i>		\$35
8am-4pm	February 19	
8am-4pm	March 19	
8am-4pm	April 16	
Public Works & Park Service Center - 2255 South 223rd St.		

Don't miss out on Rockin' Cool Deals in our eblast newsletter REC 'n ROLL- email recreation@desmoineswa.gov to receive e-blasts featuring the latest community recreation opportunities for all ages.

Blueprint for Living 2011 and Beyond

Featuring a series of presentations to design and live your life well and your way! Bring a brown-bag supper and settle-in for thought-provoking presentations and "hand-on" experiences! Door Prizes!

Adults Activity Center \$5 Suggested Donation

Chart Your Course

Chose to be proactive and design a care management plan for yourself and/or family member before it is needed. Gain peace of mind knowing that your course has been charted and that reference materials and resources are gathered in one place for emergency contacts to access and implement. **Course markers:** Addressing the critical and important information needed in medical emergencies. 5-Wishes® - an end-of-life planning tool to help clarify how you wish to be treated when seriously ill. Maintaining "business as usual" when life is anything but usual. Preserving your dignity and sense of privacy - when and how to share your highly personal information. Presenters: Stephanie Mehl, Providence Hospice and Shelia Goodfellow, Comfort Keepers.

Tu 6:00pm January 25

No Place Like Home

To quote William Shakespeare, "people usually are the happiest at home." So is it realistic to plan on continuing to live in your own home? Pick-up savvy interior design insights for aging in place—and explore ways to insure your home is safe, functional, appropriate and appealing! Learn about emergency contact systems and adaptive devices that enhance your ability to live well. Presenters: Joyce Joneschiet, Topaz Design & Aging in Place and Shelia Goodfellow, Comfort Keepers.

W 6:30pm February 16

Your Body: A Well Maintained Machine

Discover techniques to improve your balance, strength and stamina – vital components of maintaining a healthy active life. Discover the safe and proper body mechanics for you when assisting friends or relatives as they navigate in and out of chairs, wheelchairs and staircases. Presenter: Jim Fuller, MST, PT Adult Rehabilitation Therapies.

M 6:30pm March 14

Digital Photo Organizing

Are your digital photos clustered randomly on your computer's desktop or in your image library? Come learn simple ways to organize your digital photos for easy image searching and sharing. Instructor: Brenda Anders.

Adults \$17R/\$21NR
W 6-7:30pm March 23 Wesley Gardens Computer Lab

Facebook I - a social networking site

Get up to speed on this social networking site that connects friends, relatives, classmates, colleagues, and groups that share common interests. Learn how to create, use and maintain your Facebook profile. Instructor: Brenda Anders

Adults \$29R/\$33NR
Th 6-7:30pm January 20-27 Wesley Gardens Computer Lab

Facebook II, Q&A

So you already use Facebook and have questions? Come ask your questions regarding use and maintaining your Facebook profile. Instructor: Brenda Anders.

Adults \$17R/\$21NR
Th 6-7:30pm February 24 Wesley Gardens Computer Lab

Ballet/Jazz

Ballet is the true expression of classical art that provides strength, beauty, posture and grace and is the foundation for all other dance forms. Focus is on stretching, Barre, Center and Across-the-floor work with emphasis on terminology and proper technique. Recommended attire provided at registration. *No class 1/17 or 4/4. Instruction: Melanie's Dance Unlimited

Grades K-3 Session Fee: \$48R/\$53NR
 M 4-4:45pm Session 1 January 3-February 14* Field House
 M 4-4:45pm Session 2 February 28-April 11* Field House
 M 4-4:45pm Session 3 April 18-May 23 Field House

Tap Dance – new & returning

Class features fun, making lots of great noises with your feet and incorporates rhythm, technique & style. Recommended attire provided at registration. *No class 1/17 or 4/4. Instruction: Melanie's Dance Unlimited

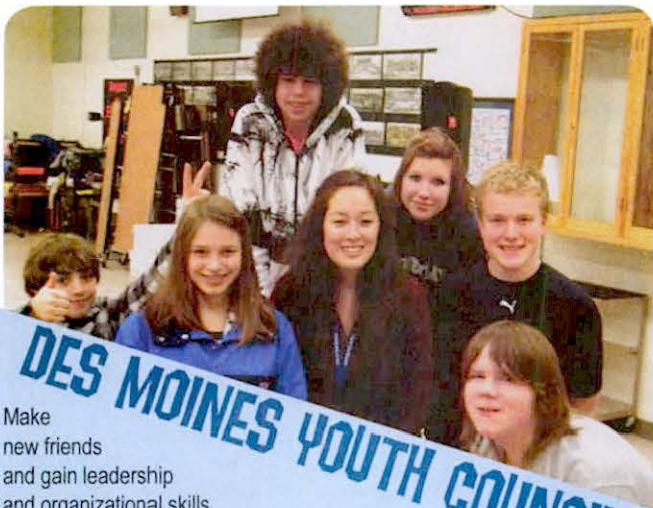
Grades K-3 Session Fee: \$48R/\$53NR
 M 4-4:45pm Session 1 January 3-February 14* Field House
 M 4-4:45pm Session 2 February 28-April 11* Field House
 M 4-4:45pm Session 3 April 18-May 23 Field House

Hip Hop Dance

Featuring the most popular urban moves and grooves, class is fun, fast paced and will get your heart pumping! No experience necessary! *No class 1/17 or 4/4. Instruction: Melanie's Dance Unlimited

Ages: 4-7 yrs Session Fee: \$48R/\$53NR
 M 5:15-5:45pm Session 1 January 3-February 14* Field House Studio
 M 5:15-5:45pm Session 2 February 28-April 11* Field House Studio
 M 5:15-5:45pm Session 3 April 18-May 23 Field House Studio

Ages: 8-12 yrs Session Fee: \$48R/\$53NR
 M 5:45-6:15pm Session 1 January 3-February 14* Field House Studio
 M 5:15-5:45pm Session 2 February 28-April 11* Field House Studio
 M 5:15-5:45pm Session 3 April 18-May 23 Field House Studio



Make new friends and gain leadership and organizational skills participating in Des Moines Youth Council.

The Council plans civic activities during the school year earning credits toward reward activities offered at the end of the year. Previous rewards include trips to Roller Skating, Wild Waves, and Seattle Mariners, and Seattle Sonics games. Enrollment is open and drop-in participation is encouraged. Call in advance to confirm meeting dates. Leader: Parks and Recreation staff

Grades 6-9 Free
 Th 3:15-3:45pm Pacific Middle School

6-RR

Teen Activities



ASP@P After School Program at Pacific Community Schools Collaboration –

Looking for after school fun? Pacific Middle School students enrolled in Community Schools Collaboration can join us for ASP@P!

We will play sports and active games in the gym, create cool craft projects and win great prizes with cool contests; all thanks to the generosity of **Des Moines Rotary Club!** Activities are staffed by Des Moines Parks & Recreation. **Program inquiries should be directed to Pacific Middle School and the Community Schools Collaboration Coordinator – 206-631-5864.**



Pacific Middle School Students Free
 M-Th January*-June* After school-5pm Pacific Middle School

Field House Dances

Teens- kick it at Field House theme dance parties hosted by Des Moines Youth Council. Theme dances parties feature contests concessions and dancing. Leader: Parks and Recreation staff

Grades 6-8 - student ID required for admission. \$7
 7:30-10:00pm Field House
 Friday, March 25 Glitz and Glam
 Friday, April 22 Spring Egg Hunt
 Friday, June 10 End of Year Luau

Paintball Madness

Grab your friends and join us for a day of paintball at Puyallup's Paintball Sports Park. This game combines capture the flag with chess, hide 'n' seek and gets the adrenaline pumping. Paintball is challenging, fast-paced and for people of all skill levels. Waiver must be signed by guardian prior to trip. Bring a sack lunch. Recommended attire provided at registration.

Ages 12-17 \$60R \$65NR
 Sa March 12 9:30am*-3pm
 *Departure promptly at 9:30am from the Field House



Toddler/Preschool Activities Youth Recreation Activities

Pre-School Playhouse

Mom and Dad - take a break while children have a great time learning, playing and meeting new friends under our watchful eye. Activities include arts and crafts, games, songs, puppetry, outdoor fun. Facilitators: Staff - trained, CPR/First Aid certified. *No class 2/21 or week of 4/4.



Ages 3-5

T/Th 10am-12pm
T/Th 10am-12pm
T/Th 10am-12pm
T/Th 10am-12pm
T/Th 10am-12pm

January 4-27
February 1-March 3*
March 8-31*
April 12-May 5
May 10-June 2

\$70R/\$75NR

Mini Kickers

Start soccer off right with an introduction to warming-up, stretching, dribbling, passing, shooting and defensive work. It's a great opportunity for kids to meet other kids from the community. Facilitators: Staff

Age 3-5

M-F 6-7pm

May 16-20

\$25R/\$30NR

Field House

Preschool Dance Classes

Ballet & Tap classes are taught in an easy-paced learning environment punctuated with frolicking and general silliness! *No class 4/6. Instruction: Melanie's Dance Unlimited Instructors

Age 3yrs

W 10-10:30am
W 10-10:30am
W 10-10:30am

Session 1 January 5-February 16
Session 2 March 2-April 20*
Session 3 April 27-June 8

Session Fee: \$48R/\$53NR

Field House
Field House
Field House

Age 4-5yrs

W 10:30-11am
W 10:30-11am
W 10:30-11am

Session 1 January 5-February 16
Session 2 March 2-April 20*
Session 3 April 27-June 8

Session Fee: \$48R/\$53NR

Field House
Field House
Field House

Gymnastics - parents & toddlers

Each child learns balance and muscle coordination skills at their own pace. *No class 4/7. Instruction: Jungle Gym

Age 18 months-3

Th 5-5:30pm
Th 5-5:30pm
Th 5-5:30pm

Session 1 January 6-February 17
Session 2 March 3-April 28*
Session 3 May 5-June 23

Session 1 \$70R/\$75NR; Session 2/3 \$80R/\$85NR

Field House Studio
Field House Studio
Field House Studio

Preschool Gymnastics - new & returning

This high-energy and fun-filled class is designed for the child who wants to learn the basics of gymnastics. Listening skills and socialization are emphasized while developing coordination, agility, balance, and muscle strength at an individual pace. *No class 4/7. Instruction: Jungle Gym

Ages 3-5

Th 5:35-6:05pm
Th 5:35-6:05pm
Th 5:35-6:05pm

Session 1 January 6-February 17
Session 2 March 3-April 28*
Session 3 May 5-June 23

Session 1 \$70R/\$75NR; Session 2/3 \$80R/\$85NR

Field House Studio
Field House Studio
Field House Studio

Recreation: 206-870-6527

Senior Services: 206-878-1642

Healthy life-long habits start young. Teach your child to enjoy exercise and physical play in these fun activities.

Youth Gymnastics - new & returning

This fun-filled class develops flexibility, coordination, agility, balance, and muscle strength on an individual basis and focuses on cartwheels, handstands, rolls, basic beam, and basic bar work. Instruction: Jungle Gym



Age 6-9

Th 6:10-6:50pm
Th 6:10-6:50pm
Th 6:10-6:50pm

Session 1 \$70R/\$75NR; Session 2/3 \$80R/\$85NR

Session 1 January 6-February 17
Session 2 March 5-June 23
Session 3 May 5-June 23

Field House Studio
Field House Studio
Field House Studio

Tiger Kids Martial Arts

Improve motor skills and coordination while building self-confidence through the use of martial arts and fun games - bag kicking and padded sword-sparring! Includes a white belt for first time participants! Instructor: Mitch Mayberry, International Champion, 8th degree Master Instructor.

Age 3 and Up

W 4:30-5:10pm
W 4:30-5:10pm
W 4:30-5:10pm

Winter/Late Winter: \$63R \$68NR plus \$12 AAU Fee
Spring: \$83R \$88NR plus \$12 AAU Fee

Winter: January 5-February 9
Late Winter: February 16-March 23
Spring: April 13-June 1

Field House
Field House
Field House

Acrobats For Kids

Learn gymnastic/martial arts style rolls, cartwheels, backbends, handstands and walkovers and other cool moves. A routine set to music will be learned for an optional show in June, complete with costume! Recommended attire provided at registration. *No class 4/6. Instructor: Melanie's Dance Unlimited.

Acrobats I—Beginners

Age 4-7

W 4:45-5:30pm
W 4:45-5:30pm
W 4:45-5:30pm

Session 1 January 5-February 16
Session 2 March 2-April 20*
Session 3 April 27-June 8

Session Fee: \$58R/\$63NR;

Field House
Field House
Field House

Acrobats II & III

Age 8-12

W 4-4:45pm
W 4-4:45pm
W 4-4:45pm

Session 1 January 5-February 16
Session 2 March 2-April 20*
Session 3 April 27-June 8

Session Fee: \$58R/\$63NR;

Field House
Field House
Field House

Acrobats III

Same day/times as Acrobat II:

Prerequisites: Forwards & backwards rolls, cartwheels, backbends from standing, splits, beginning gymnastics floor passes, and basic dance skills.

Youth Scholarships Available for Des Moines Youth!

Please call 206-878-6527 for information.

Funding Support provided by

Des Moines Legacy Foundation and Des Moines Rotary!

Sports

Land Frost
Great Tasting Lunchmeat

Tee-Ball / Coach-Pitch Coed Leagues

Get out the leather glove, swing the aluminum bat and enjoy team building and social interaction! Focus is on developing hand-eye coordination through hitting, fielding, throwing, and catching properly. Playing field and rules are modified to fit participant age and skill levels.

Age 3-5 Tee-ball

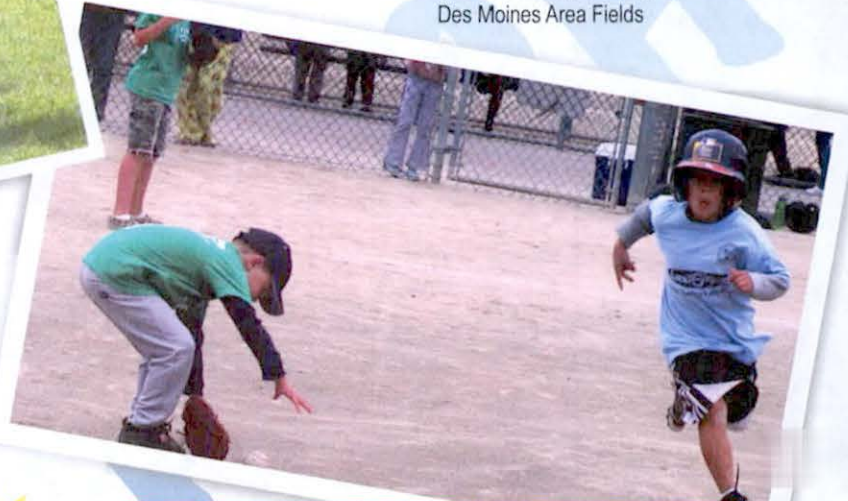
Age 6-8 Coach-pitch

\$60R \$65NR January 3-31

\$65R \$70NR February 1-March 31

\$75R \$80NR April 1-May 31

Des Moines Area Fields



Spring Youth Recreation Soccer League

Registration starts on January 3 and closes March 31.
U-5 co-ed 3-5, U-7 co-ed 6-7, U-9 boys 8-9, U-9 girls 8-9
*Birth certificates required.
March 14-May 31

\$60R \$65NR January 3-31
\$65R \$70NR February 1-28
\$75R \$80NR March 1-31
Des Moines Fields

Coming Summer 2011
Youth Sailing Classes
UK Soccer Camp at
Des Moines Field House
Diamond Skills Baseball
Camp

Coaches Take Note:

The Spring Youth Recreation Soccer League's Coaches Meeting

Tuesday, March 1 6:00pm Field House

Tee-Ball/Coach Pitch Coach Meeting

Tuesday, May 17 6:00pm Field House

For information about coaching, sponsorship and scholarship opportunities please contact our office at 206-870-6527.

Adult Men & Coed Softball League

This is a great opportunity for folks to play at our beautiful complex. Each team plays 14-games and a double elimination post season tournament. Registration deadline: April 22, 2011.

Adults
SJUMP

\$850R \$900NR

Monday Nights Co-ed Recreation Division
League Play May - August
Tuesday Nights Men's Recreation Division
League Play May - August

Adult Dodgeball League

This is a great opportunity for folks to play a sport that they never forgot about they just haven't had the chance at breaking out their inner youth. Each team plays 8-games and a single elimination post season tournament. Registration deadline: February 16, 2011.

Adults

Tuesday Nights

\$175R \$185NR

March & April

Des Moines Field House



This May, check-out special offers for Camp KHAOS and K2 2011!

Navigating the School Year

B-4 SCHOOL

Enjoy peace of mind as your child eases into a morning balanced with individual play, group activities, homework and a nutritious snack.

Grades K-6

M-F 6:30am-school start Monthly, throughout the school year calendar

Sites	Dates	Fee: Res	Non Res
Highline	January	\$245	\$265
Federal Way	January	\$190	\$210
Highline	February	\$195	\$215
Federal Way	February	\$180	\$200
Highline	March	\$285	\$305
Federal Way	March	\$220	\$240
Highline	April	\$205	\$225
Federal Way	April	\$160	\$180
Highline	May	\$260	\$280
Federal Way	May	\$190	\$210
Highline	June	\$235	\$255
Federal Way	June	\$120	\$140

Drop-in Fee: \$15R \$17NR Highline Sites
\$10R \$12NR Federal Way Site

BREAK TIME CAMPS

No school again? Wait... Break Time provides a safe environment where your child will be busy with craft projects, games, sports, outdoor activities and much more. You send a lunch, we provide snacks!

Grades K-6

6:30am-6:00pm Field House

Day	Dates	Fee: Res	Non Res
M-F	Mid-Winter Break: February 21-25	\$150	\$160
M	No School: March 11	\$35	\$37
M-F	Spring Break: April 4-8	\$150	\$160
F	No School: May 20	\$35	\$37

*Daily Drop-in Fee: \$35R \$37NR

AFTERMATH

Relax knowing your child, fueled by a nutritious snack, will be burning off excess energy while absorbed in lively games, seasonal arts & crafts and creative play. Time is set aside for homework.

Grades K-6

M-F School dismissal - 6:00pm

Sites	Dates	Fee: Res	Non Res
Highline	January	\$265	\$285
Federal Way	January	\$305	\$325
Highline	February	\$210	\$230
Federal Way	February	\$285	\$305
Highline	March	\$305	\$325
Federal Way	March	\$350	\$370
Highline	April	\$225	\$245
Federal Way	April	\$255	\$275
Highline	May	\$280	\$300
Federal Way	May	\$305	\$325
Highline	June	\$250	\$270
Federal Way	June	\$190	\$210

Drop-in Fee: M-Th \$15R \$17NR, F \$20R \$22NR Highline Sites
\$18R \$20NR Federal Way Site

FORTH & AFT

Balance your child's day Before (B-4) and AFTer school and give yourself a worry-free day. Registering for both Forth & Aft offers you a significant fee reduction.

Sites	Dates	Fee: Res	Non Res
Highline	January	\$345	\$365
Federal Way	January	\$380	\$400
Highline	February	\$270	\$290
Federal Way	February	\$360	\$380
Highline	March	\$395	\$415
Federal Way	March	\$440	\$460
Highline	April	\$285	\$305
Federal Way	April	\$320	\$340
Highline	May	\$360	\$380
Federal Way	May	\$380	\$400
Highline	June	\$325	\$345
Federal Way	June	\$240	\$260

Pre-registration is required - note: prices are subject to change.

Highline School District Sites: Des Moines, North Hill, Marvista, Midway and Parkside Elementary Schools

Federal Way School District Site: Woodmont Elementary School

Note: Program dates and times follow each school district's calendar.

Financial Scholarships Available: For detailed information please call 206-870-6527

Welcome!

REC 'n ROLL!

The Des Moines Park, Recreation and Senior Services Department crew invites you to **REC 'n ROLL** through the winter months with us! It is our mission to provide you with quality programs and services that inspire your engagement in the community and opportunities for life long health, learning and friendship.

Breaking News! Our new **REC 'n ROLL** E-Newsletter, available direct to you every two weeks will keep you up to date on the latest program offerings and special deals! Please contact the department office at 206-870-6527 or by e-mail at recreation@desmoineswa.gov to sign up today!

Please let us know how we are doing! We welcome your comments, concerns and kudos! Please contact Parks, Recreation and Senior Services Director Patrice Thorell at 206-870-6527.

Look What We Have For You!

Facilities & Fields.....	2, 12 RR
Before & After School.....	3 RR
Sports	4 RR
Toddler – Teen Activities ...	5-6 RR
Adult Activities & Fitness ..	7-9 RR
Senior Activities	9-10 RR
Registration Information ...	11 RR
Special Events.....	12-13 RR
See reverse for City Currents Information	

Host your Special Event in our facility!

Des Moines Facilities highlight the breathtaking beauty of the Northwest offering the perfect setting for wedding, banquets and other community events.

Indoor Facilities-

Up to 60 guests:

Founder's Lodge &
Des Moines Field House Studio

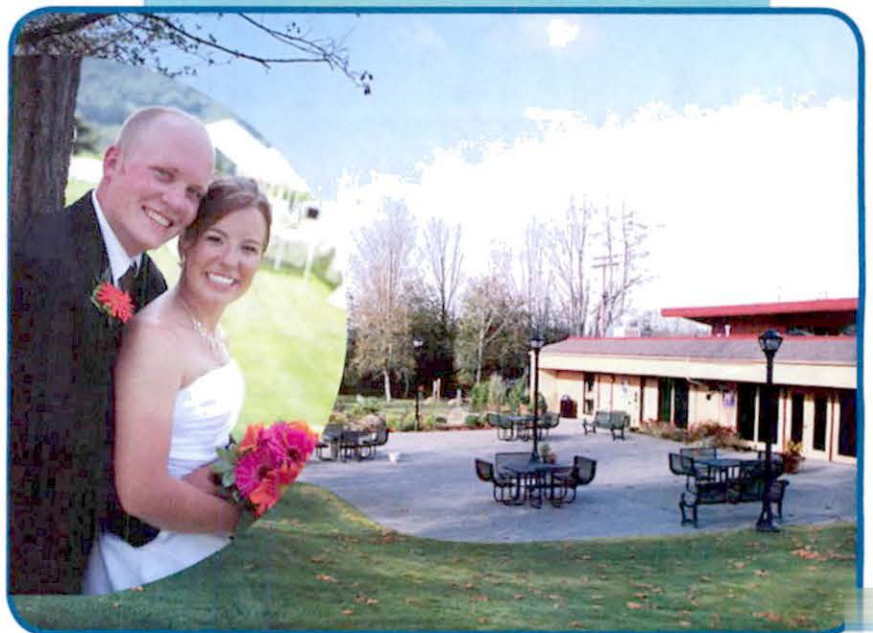
Up to 125 guests:

Des Moines Activity Center with
Mary's Patio Garden

Up to 225 guests:

Des Moines Field House

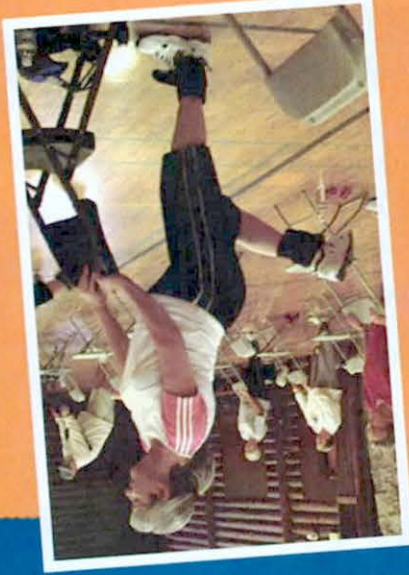
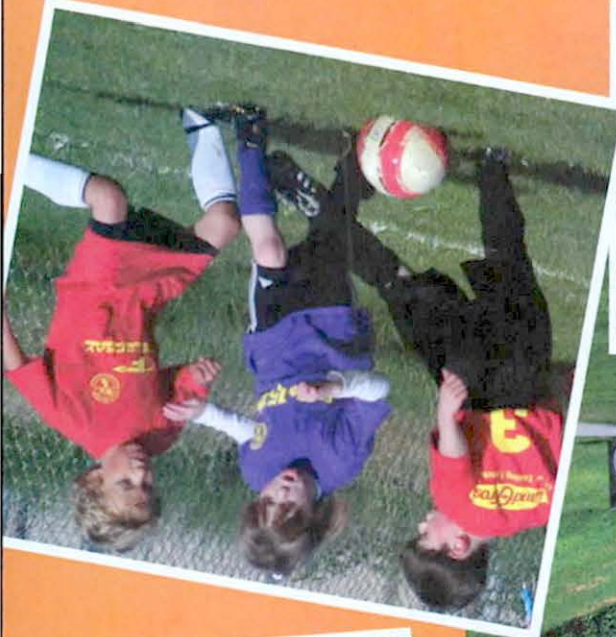
For *Outdoor Shelters* see page 12-RR



City of Des Moines
21630 11th Ave. S., Suite A
Des Moines, WA 98198-6398

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REC 'n ROLL

**Your Guide to Des Moines Parks, Recreation & Senior Services
Winter Into Spring 2011**